

Booster Shot №27 - How to boost your prayer life

1) **Always pray in an honest and sincere manner:** (Mat. 6:5-8)

- When you pray, don't pray like a hypocrite-pretender: prayers designed for the ears of men, not God;
- Experience times of private prayer often and regularly
- Pray to the Father who will meet you in the secret place
- Jesus said, "the Father will reward you openly"
- Prayers in Faith do not use vain repetition; the Father knows what we need before we even ask Him;

2) **God's word instructs me to come boldly when I pray:** (Heb. 4:16)

- I can speak to God without reservation, with frankness, with full and open speech;
- We approach the "**throne of Grace**", not of judgment
- We obtain **mercy** for the past and grace for the present and future

3) **Wrestling with God – the example of Jacob:** (Gen.32:22-32)

- I must be willing to isolate myself from others for a personal encounter with God;
- I must be willing to stay as long as it takes for the answer
- Hosea sees Jacob as a model to be emulated whenever I face a difficulty or have a need for a character transformation (Hos. 12:2-6)
- Hosea admonishes us to "wait on your God continually" (v. 6b)

4) **The Lord is good to those who wait for Him:** (Lam. 3:25))

- I will wait with expectation and hope, because the Lord is my portion (v.24)
- I am so good to hope and wait quietly for the answer (v.26)
- There is a special blessing that comes in the waiting (Isa. 40:31)
- My strength is renewed like the eagle....

5) **How to pray without seizing:** (1 Thess. 5:17)

- I must live with the awareness of the "**presence of God**"
- Wherever I am; whatever I am doing; He is with me by His Spirit
- Prayer is a constant **attitude** enjoying continual **communion** with the Lord
- I must be **ready to pray** in season whenever the need arises
- My first spiritual instinct should be to pray in any decision making

6) **God is a prayer answering God:** (Mat. 21:22)

- God answers when I believe for what I am praying
- I must cast out doubt before I ask God in prayer (James 1:5-8))
- Jesus gives me a formula for success in Mat. 7:7; **ask...seek....knock.....**
the answer.....**given.....found.....opened**

7) **Praying with thanksgiving without being anxious:** (Phil. 4.6)

- Supplication = Focusing with intensity in extended prayer, and fully transferring the burden or request into God's hands;
- A prayer in Faith will not take back what has been given to God.
- The prayer of Faith will bring the **peace** of God that will guard my heart from nagging anxiety